

Region 1
Professional Development Training

2020
Calendar of Training
ASAC

Appalachian Substance Abuse Council

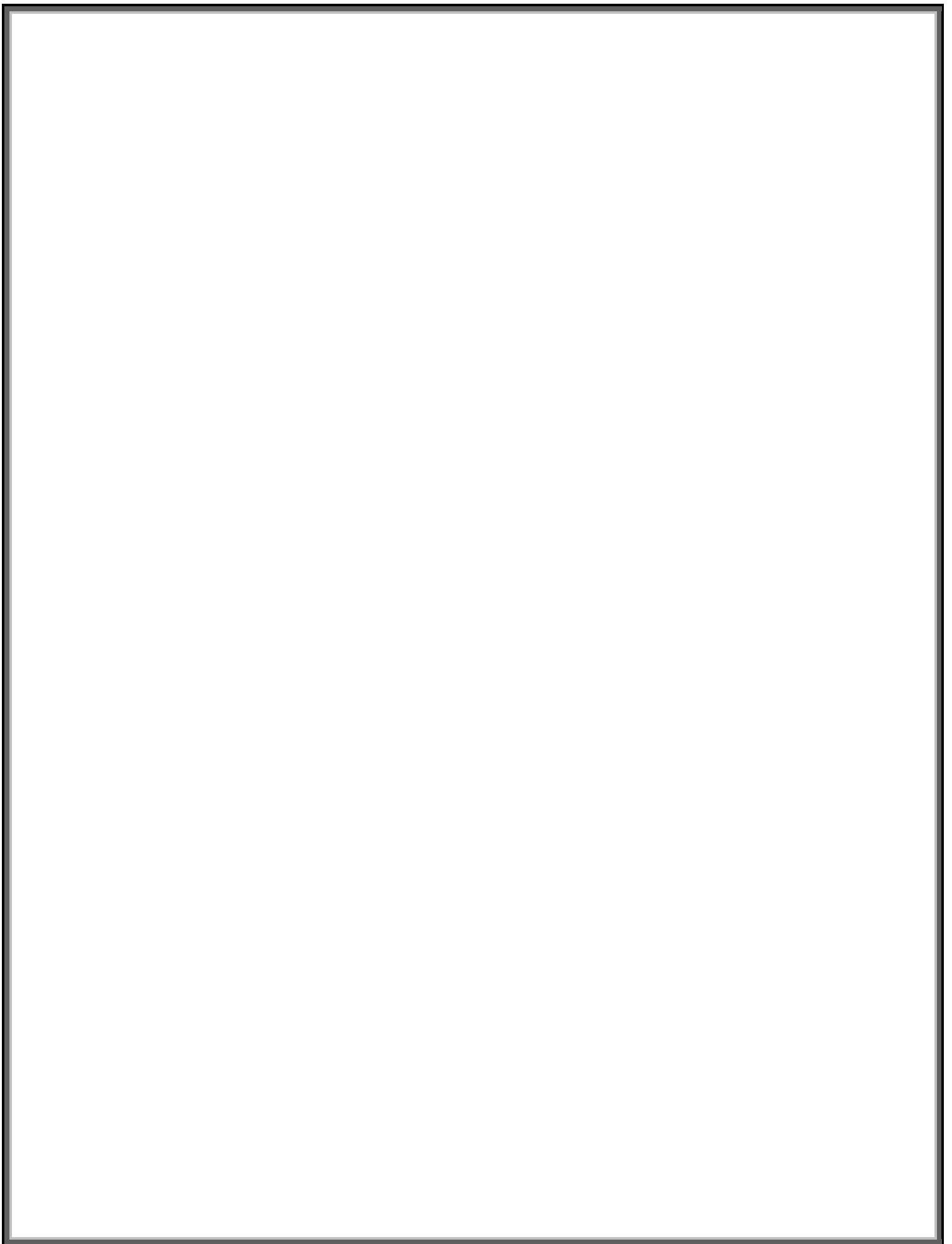
1400 Cleveland Street

Greenville, SC 29607

864-467-3065

NAADAC #138776

SC LPC, LMFT #4529



This document lists all scheduled monthly Region 1 trainings for 2020. Additional *fee-based* trainings will be offered throughout the year.

For a current list of additional trainings please visit our website:

www.gibsontrainingcenter.org

For additional information please contact Stephanie Bentley at: sbentley@phoenixcenter.org

or 864.467.3065

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INFORMATION AND REGISTRATION for all scheduled 2020 Region 1 Trainings:

- Where:** Phoenix Center's Kennedy Room at 1400 Cleveland Street
Greenville, SC ***Location may change-
see Training Website for updated information***
- Time:** 8:30 AM (registration)
9:00 to 4:30 PM (Lunch on your own from 12p – 1p)
- Credit:** NAADAC/LMFT/LPC/SW Approved
- Audience:** Private Practitioners, Counselors, Social Workers, Medical
Professionals and Prevention Specialists
- Fee:** Registration is \$75.00 per 6 CEU day
Employees of Region 1 301 Agencies (A/OBHS, BHSPC, CCCADA, The
Forrester Center, HealthyU, Phoenix Center, Cornerstone, Westview,
Saluda, Gateway, plus Spartanburg Area Mental Health Center and
Anderson/Oconee/Pickens Mental Health Center) may attend
monthly Region 1 trainings at no charge; however, registration is
needed in advance and is on a first come/first served basis.
- Registration:** www.gibsontrainingcenter.org
- Contact:** Stephanie Bentley: sbentley@phoenixcenter.org or 864.467.3065

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Opioids, Opioid Use Disorder and MAT: The Good, the Bad and the Needed

When: January 24, 2020

Presenter: Dr. Jack E. Emmel, MD

Description:

Opioids and the history of opioid use will be discussed. Opioid use disorder will be reviewed as a chronic brain disease. Comparison with other chronic diseases and their treatment will inform the discussion. MAT in general, and appropriate medications specifically, will be discussed in detail. Ample time and opportunity for discussion will be provided.

Objectives:

1. Understand opioid use disorder as a chronic brain disease.
2. Understand the concept of MAT, including its origins and development.
3. Become familiar with specific medications used in MAT and how they are managed.

Practical Tools for Treating Trauma

When: February 28, 2020

Presenter: Barbara Melton M.Ed., LPC, NCC, LAC

Description:

This workshop will begin by focusing on defining trauma and examining the section of the DSM-5 on Trauma and Stress-Related Disorders, with some attention to differential diagnosis and the different criterion for diagnosing children vs. adults with PTSD. Assessment instruments which are in public domain will also be provided. We will discuss prevalence and etiology and practical evidence-based methods for treating trauma, including in crisis situations. We will also cover how to offer trauma-informed care in a clinical atmosphere.

Objectives:

1. Learn how to diagnose Trauma and Stress-Related Disorders using DSM-5 criterion and make use of some assessment instruments.
2. Identify incidence, prevalence, and etiology for Trauma and Stress-Related Disorders.
3. Review Eye Movement Desensitization & Reprocessing (EMDR), Thought Field Therapy (TFT) and Traumatic Incident Reduction (TIR); Colin Ross' Trauma Model will also be discussed.
4. Learn strategies such as anchoring/grounding techniques, systematic desensitization, The Counting Method, de-mystification and identification of triggers, guided imagery, relaxation training, cognitive restructuring in dreamwork, cognitive behavior therapy, and interoceptive exercises.
5. Learn how to tailor your treatment modalities to different populations with an emphasis on crisis management/crisis situations, rape victims, military and their families, accident victims, survivors of childhood physical/sexual abuse, and disaster victims.

Human Trafficking

When: March 27, 2020

Presenter: Lighthouse for Life- Jen Thompson

Description:

Human trafficking is a form of modern-day slavery that negatively impacts millions of lives worldwide. It destroys people's dignity, impedes their human rights, and obstructs their freedom. While many perceive human trafficking as a criminal activity that occurs overseas, this heinous crime is happening throughout the United States, including in South Carolina. This training provides an overview of Human Trafficking in the Upstate: What is it, how to recognize it, and things to do to combat it.

Objectives:

1. Define human trafficking and understand the basic terminology.
2. Debunk human trafficking myths.
3. Recognize risk factors, red flags, and indicators related to human trafficking.
4. Understand the Dangers of Social Media.
5. Recognize the effect of trauma on the brain and understand the mindset of a victim.
6. Discuss how to talk to a victim and whom to contact.

Ethics

When: April 24, 2020

Presenter: Alan Lyme, LISW, ICADC, ICCS, MAC

Description:

The substance abuse and behavioral health field are fraught with ethical dilemmas. Lines are often blurred between legal, ethical, and moral influences as we make in-the-moment decisions that can ripple out to create major unforeseen effect. This six-hour training will focus on some of the most common ethical digressions, reinforcing the importance of adhering to agreed-upon standards and the responsibility of maintaining competence. Individuals will be encouraged to bring their most challenging dilemmas to the conversation (de-identified) for group problem solving through several decision-making models.

Objectives:

1. Review the core concepts of ethics in the substance abuse and behavioral health fields.
2. Explain the limits of confidentiality, when it should and should not be broken.
3. Describe the challenges posed by dual relationships, including the use of social digital media, and how to safely navigate them.
4. Identify three ethical decision making models.
5. Describe their own strengths and limitations in ethical dilemmas.

Gangs/Gang Diversion

When: May 22, 2020

Presenter: Agent Andrew C. Robinson and Yvonne Davis

Description: Part 1, 9:00-12:00: This presentation will go into a brief history of gangs, why people join gangs and how national gangs get to South Carolina. We will learn some basic gang recognition and the different type of gangs we see in our area. This presentation will also provide significant information on Outlaw Motorcycle Gang related activity and trends in the Carolinas and surrounding areas. The primary focus will be on providing information to identify gang members and exploring the many diverse crimes that they commit.

Part 2, 1:00-4:30: In collaboration with Greenville Police Department's Gang Intelligence Expert, this presentation will go over current trends with gangs and provide information on the GRAVITY Program (Gang Reduction And Violence Intervention Targeting Youth). We will also hear from a former Greenville Gang member and hear his story of redemption.

Objectives: Part 1:

1. Demonstrate an understanding of local street gangs that are popular in our area.
2. Describe the many reasons why someone would join a gang.
3. Demonstrate an understanding of Outlaw Motorcycle Gangs and Gang Members.
4. Describe the many diverse crimes committed by these gangs.

Part 2:

5. Learn about the current trends and what we are seeing locally.
6. Learn about the prevention and intervention strategies implemented through GRAVITY.
7. Learn about a Cognitive Behavioral Approach in understanding criminal thinking.

Integrating Effective Treatments to Facilitate Recovery for Persons with Co-occurring Mental Health and Substance-Related Disorders

When: June 26, 2020

Presenter: Debbie Nieri

Description:

In this one-day seminar, Ms. Nieri will provide an overview of the ASAM-PPC-2R criteria for COD Capable and COD Enhanced programs so participants can review their respective treatment program policies and practices to identify areas that may need addressed to increase COD capability. Following this overview, Ms. Nieri will discuss techniques in blending effective engagement strategies and therapeutic practices to facilitate practitioner's development of person-centered, recovery-oriented plans of care to address both mental health and substance-related disorders. Primary focus will be use of Prochaska and DeClemente's Transtheoretical Model (Stages of Change), Motivational Interviewing, and Cognitive-Behavioral Therapy techniques.

Objectives:

1. Learn the fundamental components of treatment programs that are able to effectively treat co-occurring mental health and substance related disorders.
2. Develop person-centered plans of care to address co-occurring mental health and substance-related disorders.
3. Understand how to provide treatment in a stage-wise integrated approach to address both mental health and substance-related disorders.

HIV/Hepatitis and STDs, Triple Threat in AOD Arena

When: July 24, 2020

Presenter: Maurice Adair, PA

Description:

The goal of this course is to introduce participants to information regarding the basic of HIV/AIDS, Hepatitis, and STDs as it pertains to counseling and education, specifically designed for the AOD treatment staff. The better understanding a counselor/provider has of these issues, the more comfortable they will feel about sharing relevant information and offering clients options for safer behaviors to help prevent HIV, Hepatitis and STD transmission and understand the importance of medical care for people living with these diseases.

Objectives:

1. State HIV effects on the immune system CD-4 cell.
2. State 2 outcomes of an HIV+ person becoming Undetectable, U=U.
3. State 2 organs affected by Chronic Inflammation from uncontrolled HIV disease.
4. Understand how STDs can lead to HIV Infection.
5. Name 2 STDs transmitted through sharing needles and/or works.
6. State 3 ways to prevent or reduce risk of contracting HIV/STDs.
7. Name 3 types of viral hepatitis.
8. Name 3 ways Hepatitis C is transmitted.
9. Understand the effects of Hepatitis on the liver.
10. Name 2 ways to prevent acquiring Hepatitis C.

Plugged In: The Impact of Media and Technology on Children

When: August 28, 2020

Presenters: Ben Barth, LPCS, CACII, LAC

Description:

Plugged In provides research related to technology use and the impact this has on child and adolescent development. Benjamin Barth hopes to connect this emerging topic with current addiction research and drug and alcohol treatment. Ben will provide tools for clinicians to enhance assessment and treatment of adolescents with problematic technology use. In addition, through this training, clinicians will be provided with additional resources to help children and families gain knowledge and monitor problematic technology use.

Objectives:

1. Learn about different forms of technology and how they are used by children and adolescents.
2. Understand how media can impact the biology, psychology, and social functioning of children and adolescents.
3. Acquire knowledge in assessing for problematic technology use.
4. Acquire knowledge and skills to help address problematic technology use.
5. Gain resources to help clients and caregivers manage and monitor problematic technology use.

ASAM

When: September 25, 2020

Presenter: Dr. Jack E. Emmel, MD

Description:

After a brief discussion of addiction as a chronic disease, we will review the underlying concepts of the ASAM Criteria. We will examine each of the 6 dimensional criteria in detail and discuss how they lead to a decision about placement of a patient in a particular level of care. All levels of care will be discussed in detail. The formulation of and ongoing evolution of treatment goals in direct relation to the criteria will be reviewed, along with the technique of moving patients through levels of care. Specific cases will be presented for evaluation. Participants are encouraged to bring personal examples for review as well.

Objectives:

1. Understand the underlying principles of ASAM Criteria.
2. Be able to determine level of care for patients using the Criteria.
3. Be able to use the Criteria to help formulate treatment plans/goals.
4. Understand how the Criteria can be used to move patients through different levels of care.

Narrative Therapy

When: October 23, 2020

Presenter: Dr. S. David Hall, PsyD, LMFT, LPC-MHSP-AS, CST, NCC

Description:

Several psychotherapeutic traditions employ narrative as a central component. Most notably is Narrative Family Therapy, which was jointly developed by psychotherapists Michael White and David Epston in the 1980s. Narrative Family Therapy holds that our identities are shaped by the accounts found in the “narratives” of our lives, both the stories we tell and ones that other people tell about us. Other important narrative approaches include the metaphor and storytelling interventions employed in Ericksonian therapies and the interest in myth and larger narrative themes as seen in Jungian Analysis. Narrative can also be integrated with other therapies such as CBT, Person-Centered, Gestalt, and Psychodynamic. This training will explore how narrative can be used in multiple ways in psychotherapeutic practice.

Objectives:

1. To explore the main philosophy and techniques in Narrative Family Therapy.
2. To look at how Narrative Family Therapy can be combined with other narrative based approaches such as Ericksonian and Jungian Therapies.
3. To discuss the use of narrative in other psychotherapeutic approaches; including Cognitive-Behavioral, Person-Centered, Gestalt, and Psychodynamic therapies.

Game Plan: A Clinician's Guide to Helping Men Achieve Emotional Fitness

When: November 20, 2020

Presenter: Alan Lyme, LISW, ICADC, ICCS, MAC

Description:

This is an interactive training for anyone who works with and would like to have a better understanding of men and how to help them. Participants will be challenged to examine assumptions and societal roles in male risk and recurrence factors, through media use, storytelling, and written exercises. Anger, intimacy, trust and relationship issues, and the efficacy of integrative and alternative therapies will be explored.

Objectives:

1. Review the societal biases and “environment of risk” affecting males in resiliency, addiction onset, reoccurrence and recovery.
2. Underline the efficacy of a compassionate approach in working with men.
3. Demonstrate the dynamics and relate the value of integrative and alternative therapies with men.
4. Discuss current treatment materials effective in men's work.

Healing Civilization Exhaustion: Finding Your Flow with Mind Body Modalities

When: December 11, 2020

Presenter: Annie Fahy, RN, LCSW

Description: Take a break from the frantic, mind-centered, task-oriented mode of doing business and reorganize your activities targeting a flow with mind, body, and integrated experience. Belgian philosopher Pascal Chabot calls burnout "civilization's disease." It's certainly symptomatic of our modern age. "It is not only an individual disorder that affects some who are ill-suited to the system, or too committed, or who don't know how to put limits to their professional lives," he writes. "It is also a disorder that, like a mirror, reflects some excessive values of our society." This workshop draws from the work of psychologist Mihaly Csikszentmihalyi and his descriptions of flow: "being completely involved in an activity for its own sake. The ego falls away. Time flies. Every action, movement, and thought follows inevitably from the previous one, like playing jazz. Your whole being is involved, and you're using your skills to the utmost." This workshop will create opportunities for the participants to use movement, art writing, and sound to explore ideas about flow and the potential to rejuvenate and create resilience in empathic workers.

Objectives:

1. Learn the underlying concepts of flow and potential benefits to yourself and possible applications with clients.
2. Experience movement drawing and writing and apply concepts of civilization exhaustion within work and personal life and make some determinations regarding self-care.
3. Understand the structure and rationale for offering creativity and mind-body focused groups in human services.
4. Learn how to pronounce Mihaly Csikszentmihalyi.

TRAINERS' BIOGRAPHIES

January/September: Dr. Jack E. Emmel, MD attended both undergraduate and medical school at Brown University in Providence, RI. He completed his Family Medicine Residency at the Medical University of South Carolina. He became interested in addiction during his residency and has been Medical Director of Charleston Center since 1980. He is Board Certified in Family Medicine and Addiction Medicine. He has extensive experience in MAT, withdrawal management and the use of ASAM Criteria. He serves as Medical Director for the Department of Alcohol and Other Drug Abuse Services (DAODAS) of SC. He holds a clinical faculty position at the Medical University of South Carolina in the departments of both Family Medicine and Psychiatry. Dr. Emmel also works in geriatrics and holds board certifications in Geriatrics, and Hospice and Palliative Medicine.

As a clinician and educator, Dr. Emmel approaches addiction as a biobehavioral disease requiring the same multimodal approaches as all chronic diseases do to optimize outcomes.

February: Barbara Melton M.Ed., LPC, NCC, LAC has been in private practice in the Charleston area since 1991 and works with adult and adolescents. Her specialty areas include working with trauma/loss, including PTSD, Borderline Personality Disorder, Bipolar Affective Disorder, and Self-Injurious Behavior. She has taught graduate level courses for Webster, Columbia College, Coastal Carolina and Webster University. She also is a contract clinical supervisor at the Dorchester A&D Commission. She has a wealth of experience with the more serious disorders as outlined in the DSM and has also served as Disaster Mental Health Lead for the local chapter of the American Red Cross for many years. She is also the immediate Past President of the SC Assn for Licensed Professional Counselors.

March: Lighthouse for Life- Jen Thompson is the CEO of Lighthouse for Life where she brings more than 20 years of experience in training, communication, and education. For the past three years, Jen has served as the CEO of Lighthouse for Life. She is also the Master Trainer for L4L and has spoken to over 30,000 people throughout the state of South Carolina in hopes to raise awareness and eradicate Human Trafficking.

April/November: Alan Lyme, LISW, MAC, ICCS, brings respected and innovative clinical and program management skills as the Training Director for the Phoenix Center in Greenville, South Carolina. Alan is concurrently the Clinical Supervisor for the Screening, Brief Intervention, and Referral to Treatment (SBIRT) grant initiative for the State of South Carolina. Alan has provided trainings nationally on Motivational Interviewing, Clinical Supervision, and Skills on Working with Men. He is a co-author on the book “Game Plan” (2007) with Dr. David Powell. He received a BSW from Florida Atlantic University in 1998 and a MSW from Barry University in 1999. Alan is a MINT recognized Motivational Interviewing trainer, a Certified Clinical Supervisor, a Master Addictions Counselor, and a Certified Master of Leadership Challenge Workshops.

May: Agent Andrew C. Robinson (Andy) has been with the Pickens County Sheriff’s Office for more than 14 years, with the past 9 being in the Special Operations Unit. During this time, he has worked all types of investigations from local clandestine drug laboratories to large state and federal drug conspiracies where he has traveled across the country. Prior to being promoted to the Special Operations Unit, Agent Robinson worked as a member of the Uniform Patrol Division as a Master Deputy and Field Training Officer. In 2007, he became a member of the S.W.A.T. Team where he stills operates on the entry team. Currently, Agent Robinson primarily works narcotics and gang related crimes in Pickens County as well as multi-county drug conspiracies with the South Carolina Attorney General’s Office. When not investigating cases his time is spent at the firing range as a firearm, and less lethal munitions instructor.

May: Yvonne Johnson-Davis is a graduate of Rutgers University where she earned a Bachelor of Science degree in Administration of Justice. Fueled with a desire to help people and recognizing an opportunity to do so in partnership with law enforcement she pursued a position with the Greenville County Sheriff’s Office. For eight years, as a civilian Yvonne served under the motto of “Bringing the pieces together to build a safe community” while responding to the safety concerns that impacted a citizen’s quality of life. In February 2017, Yvonne began working as the Gang Intervention Coordinator with the City of Greenville Police Department in the GRAVITY program. GRAVITY is an acronym for Gang Reduction and Violence Intervention Targeting Youth. In order to effectively reduce violence and gangs in the community; collective action

must be taken. Everyone, not only the police, must engage in prevention, intervention and suppression strategies.

Yvonne believes that when we “shift our lens from what’s wrong with this kid, to what happened to this kid”; we can identify an opportunity to reach out to individuals and families, offer an intervention and break life-destroying cycles.

June: Debbie Nieri is a graduate of the Clinical Psychology Masters of Science program at the University of Central Florida and has over 25 years’ of experience providing, administering, and evaluating the effectiveness of behavioral healthcare services. In the formative years of her career, Ms. Nieri practiced as a licensed mental health counselor and certified supervisor at CENTAUR, a behavioral health AIDS Service Organization. In 2001, she became the director of HIV/AIDS Services at the Center for Drug-Free Living in Orlando, Florida wherein she designed, implemented and supervised residential and outpatient services for persons with HIV/AIDS and co-occurring mental health and substance-related disorders.

After relocating to South Carolina, she was hired by the South Carolina Department of Mental Health to perform evidence-based practice fidelity reviews of treatment services for persons with co-occurring disorders and to deliver training to direct care providers as part of South Carolina’s Co-Occurring State Incentive Grant. Ms. Nieri currently works with the South Carolina Department of Mental Health, at the Lexington County Community Mental Health Center as director of utilization management and review. She continues to provide training on evidence-based practices, primarily on cognitive-behavioral therapy approaches and motivational interviewing.

July: Maurice Adair, PA is the Prevention Services Director at AID Upstate, Greenville, SC. He is also a certified CDC & SC DHEC trainer for HIV/STD courses & interventions. Maurice received his BA from San Diego State University and graduated from the Medical University of South Carolina (MUSC) Physician Assistant Program in Charleston, SC. After graduation, Maurice worked at Talladega Federal Correctional Institute and later was employed by Grady Memorial Hospital Internal Medicine Clinic and Fulton County Health Department, STD Division. After a ten year career as a HIV/AIDS medical provider at Grady Memorial Hospital Infectious Disease Clinic and Assistant Director of Southside Healthcare Infectious Disease Clinic in Atlanta, Ga., Maurice returned to his native home, Greenville, SC. Maurice Adair is a U.S. Navy Veteran.

August: Ben Barth, LPCS, CACII, LAC completed his Master's Degree in Clinical Psychology from the University of Central Florida and has worked with Behavioral Health Services since moving from Florida in 2011. His clinical work has been predominantly with children and adolescents. Using both clinical and personal experience, Mr. Barth has explored this topic and completed research in hopes to educate those within the helping profession as to the emerging influence of media on children.

September: Dr. Jack E. Emmel, MD (see January)

October: Dr. Stephen "David" Hall, PsyD, LMFT, LPC-MHSP-AS, CST, NCC is the Counseling Director at Haven Counseling Center (www.havencounselingcenter.com), the Chief Maven with PsychMaven (www.psychmaven.com), and the Director of the Narrative Institute (www.narrativeinsitute.org). Dr. Hall is licensed in Tennessee as a Licensed Marital and Family Therapist (LMFT) and Licensed Professional Counselor-Mental Health Service Provider-Approved Supervisor (LPC-MHSP-AS). He is also a certified sex therapist (CST) under the American Board of Christian Sex Therapists, a National Certified Counselor (NCC) under the National Board for Certified Counselors, earned a certificate in Substance Abuse Counseling for the University of Wisconsin-Madison, and holds his Doctorate in Psychology from California Southern University.

Dr. Hall maintains a fulltime counseling caseload and teaches on a variety of clinical and business topics in the mental health and recovery fields; including narrative in psychotherapy, clinical ethics, and mental health business.

November: Alan Lyme, LISW, MAC, ICCS (see April)

December: Annie Fahy, RN, LCSW began her career as a labor and delivery nurse. In the 1990's, Annie designed and managed substance use programs including: Women's programming, for substance using women and their children, mandated court programs and consultation to Child Protective Services. In 2001, Annie co-founded the Recovery Café, in Athens, Ga. She became affiliated with The MINT (Motivational Network of Trainers) In 2007, she worked as a senior clinician and trainer with The Harm Reduction Therapy Center in San Francisco, Ca with Patt Denning PhD and Jeannie Little LCSW. She is also affiliated workshop

leader with the Amherst Writers Association (AWA). Annie offers training and professional skills development, translating and implementing evidence-based practices into real life practice. She often uses her training topics as well as writing workshops to assist with leadership development and address staff resilience and retention and assist with organizational culture change. She also runs writing groups for non writers in clinical and non clinical settings. She is currently working on a book of poetry for publication next year. She likes dogs, skiing and travels frequently to India.



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