

**Region 1
Professional Development Training**

**2021
Calendar of Training
ASAC**

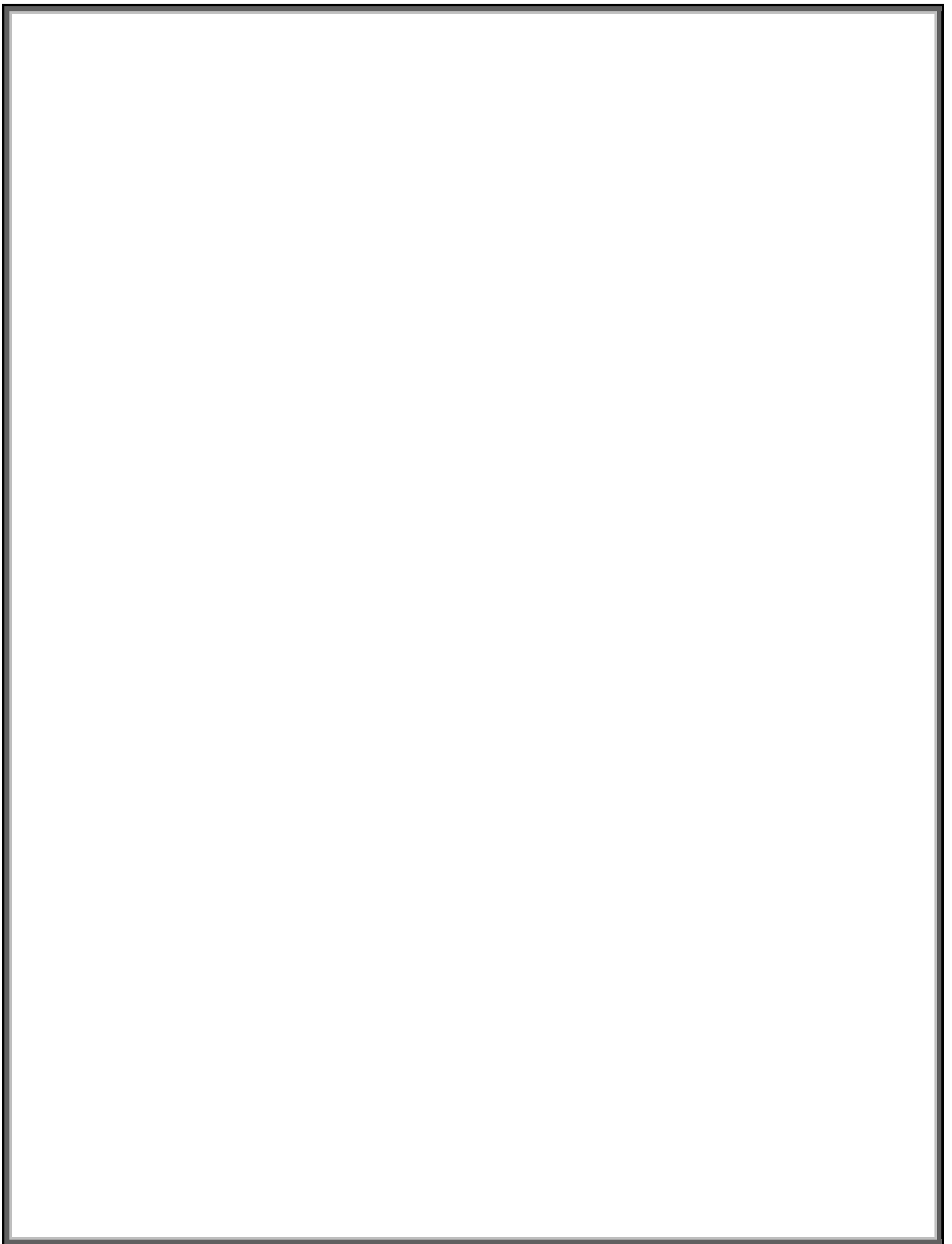
Appalachian Substance Abuse Council

www.gibsontrainingcenter.org

864-467-3065

NAADAC #138776

SC LPC, LMFT #4529



This document lists all scheduled monthly Region 1 trainings for 2021. Additional fee-based trainings will be offered throughout the year.

For a current list of additional trainings please visit our website:

www.gibsontrainingcenter.org

For additional information please contact Stephanie Bentley at:

sbentley@phoenixcenter.org

or 864.467.3065

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INFORMATION AND REGISTRATION for all scheduled 2021 Region 1 Trainings:

- Where:** See Training Website for Training Location
- Time:** 8:30 AM (registration)
9:00 to 4:30 PM (Lunch on your own from 12p – 1p)
- Credit:** NAADAC/LMFT/LPC/SW Approved
- Audience:** Private Practitioners, Counselors, Social Workers, Medical Professionals and Prevention Specialists
- Fee:** Registration is \$75.00 per 6 CEU day
- Employees of Region 1 301 Agencies (A/OBHS, BHSPC, CCCADA, The Forrester Center, HealthyU, Phoenix Center, Cornerstone, Westview, Gateway, plus Spartanburg Area Mental Health Center and Anderson/Oconee/Pickens Mental Health Center) may attend monthly Region 1 trainings at no charge; however, registration is needed in advance and is on a first come/first served basis.
- Registration:** www.gibsontrainingcenter.org
- Contact:** Stephanie Bentley: sbentley@phoenixcenter.org or 864.467.3065

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CUTTING EDGE: ETHICAL ISSUES IN SUBSTANCE USE DISORDER

When: **January 22, 2021**

Presenter: **Frederic G. Reamer, Ph.D.**

Description:

This webinar will provide participants with an in-depth examination of compelling ethical and risk-management challenges in substance use disorder treatment and behavioral health. Dr. Frederic Reamer will explore high-risk ethical issues and practical strategies designed to protect clients, practitioners, supervisors, and agencies. Key topics will include boundary issues and dual relationships (including those that arise in rural communities), conflicts of interest, confidentiality (including 42 CFR Part 2 updates and mandatory reporting and duty-to-protect disclosures), privileged communication, informed consent, clients' rights, termination of services, practitioners' and clients' use of technology and remote service delivery, and impaired professionals. Dr. Reamer will discuss relevant ethical standards; federal and South Carolina statutes and regulations; case law; national practice standards; documentation; supervision; and consultation. The webinar will include a series of challenging ethics cases and explore practical steps that professionals can take to manage ethical issues skillfully.

Objectives:

1. Identify key ethical issues in substance abuse disorder treatment and behavioral health;
2. Identify ethical standards pertaining to ethical issues in substance abuse disorder treatment and behavioral health;
3. Implement ethical decision-making protocols that reflect prevailing ethical standards; and
4. Implement risk-management protocols designed to protect clients, practitioners, and agencies.

CULTURAL COMPETENCY: HEALING RACISM

When: February 26, 2021

Presenter: Dietra D. Hawkins, Psy.D.

Description:

In cities across our nation racism is being declared a public health crisis; yet many behavioral health providers are not prepared to adequately assess, treat or acknowledge Black and Indigenous People of Color (BIPOC) experiences with racial trauma. By intentionally learning to go beyond the “colorblind” narrative, clinicians can better address the underlying racial discrimination BIPOC experience individually and collectively. Through a virtual platform, participants will be invited to actively participate in activities to define racial bias and identify the subsequent mental health implications. This workshop will provide participants with the skills necessary to expand their practice, assess for racial trauma and identify the pervasive symptoms BIPOC may exhibit. Participants will leave better prepared to recognize and heal the impact of racism by increasing their ability to have productive conversations with white and BIPOC clients, supervisees, and colleagues.

Objectives:

1. Describe the role of racial bias in regard to access and engagement in behavioral health services.
2. List 2 ways clinicians can heal racial trauma.
3. Describe 3 presenting symptoms associated with exposure to racism.
4. Leave prepared to share resources for white and BIPOC to support dialogue across racial differences.

CUTTING EDGE: TREATING CLIENTS WHO SELF INJURE

When: **March 26, 2021**

Presenter: **Barbara Melton M.Ed., LPC, NCC, LAC**

Description:

This is a fast-paced, interesting workshop which incorporates video vignettes and case histories throughout the day in a variety of settings where counselors may encounter situations involving self-injurious/self-mutilating behaviors. Assessment tips and treatment techniques will be discussed from a variety of perspectives.

Objectives:

1. Assess clients with regard to the possibility they are engaging in SIB (self-injurious behavior)
2. Differentiate between suicidal and parasuicidal behaviors
3. Understand various reasons for self-injurious behaviors, including the Addiction Model
4. Identify various resources available to assist with dealing with this population
5. Employ various interventions aimed at reducing harmful behaviors

INTEGRATIVE DEVELOPMENTAL MODEL OF CLINICAL SUPERVISION

When: April 23, 2021

Presenter: Alan Lyme, LISW, ICADC, ICCS, MAC

Description:

The goal of the Integrative Developmental Model (*IDM*) is to promote personal and professional therapist growth through three developmental levels by closely attending to the three overriding structures (Self-and-Other Awareness, Motivation, and Autonomy) across eight domains of clinical practice including intervention skills competence, assessment techniques, individual differences, and professional ethics. The *IDM* stresses the importance of assessing the therapist's developmental level while at the same time providing the optimal supervisory environment for progression through those levels. This 6 Hour training will provide an overview of the model and incorporate both didactic and experiential modalities. Participants will be encouraged to develop an individual *IDM* plan for their organization.

Objectives:

1. Describe the Integrative Developmental Model of Supervision (*IDM*)
2. Identify the various elements that comprise the *IDM*
3. Explain how awareness, motivation, and autonomy are influenced by a supervisees developmental level
4. Develop a framework to assess supervisees level of development and methods to support on-going skill development
5. Gauge supervisor level of development and how it influences the supervisory relationship

ASSESSING and MANAGING SUICIDE RISK

When: May 21, 2021

Presenter: Carly Patterson, LPC

Description:

The Assessing and Managing Suicide Risk (AMSR) training teaches best practices recommended by the nation's leading experts in the research and delivery of suicide care.

AMSR's research-informed risk formulation model helps health and behavioral health professionals feel confident navigating challenging conversations and offers key strategies for providing compassionate care to people at risk for suicide. Authorized expert trainers lead half-day and one-day AMSR trainings, teaching professionals essential skills through videos, live demonstrations, and paired and written practice. AMSR has been working since 2006 to train clinicians on how to provide effective treatment for patients and clients who are at risk of suicide.

Topics include:

- Approaching Your Work
- Understanding Suicide
- Gathering Information
- Formulating Risk
- Planning & Responding

Objectives:

1. Improve the core knowledge of maintaining a positive attitude and approach, collecting concise data for assessment, formulate risk, developing a plan of care and managing care.
2. Increase skill set for those who provide care for individuals at risk of suicide.
3. Increase capability for those working with those at risk for suicide to improve treatment outcomes.

***The registration deadline for this training is April 9 to allow time to order training workbooks. Registrants can arrange a time to pick up their workbook from Stephanie Bentley at 1400 Cleveland Street, Greenville.

Attendance is limited

TELEHEALTH & DRUG TESTING

When: June 25, 2021

Morning Session: Telehealth 101 – Basics of Telemedicine

Presenter: Lloyd Sirmons

Description:

Implementing a telemedicine program is not as cut and dry as some may think. There are many things that need to be considered, therefore, it requires that you have training in advance. The Telehealth 101: Basics of Virtual Care will provide learners with the basic knowledge needed, whether they are implementing their own program, or becoming an effective part of a telehealth team. The presentation is designed to provide the learner with a foundation upon which they can build upon.

Objectives:

1. What is Telehealth and Telemedicine
 2. Identify and discuss the benefits of Telemedicine
 3. Discuss the future of technology and virtual care
-

Afternoon Session: Effective Use of Drug Screening in Treating Substance Use Disorder

Presenter: Mike Dennis

Description:

Objectives:

1. Learn about the 4 most common types of drug tests.
2. Identify methods people use to beat a drug screen and how you can combat that.
3. Distinguish what results actually mean for each type of drug tests.
4. Learn about drug screen levels and their meaning.
5. Determine which drug test is best for what your needs are.

MANAGEMENT OF OPIOID USE DISORDER AND COMMON COMORBID CONDITIONS IN ADULTS AND PERIPARTUM WOMEN

When: July 23, 2021

Presenter: Dr. Connie Guille and Dr. Karen Hartwell

Description:

Objectives:

1. Appreciate the prevalence and impact of OUD on adults, parents and children
2. Understand the mechanism of action of the 3 FDA-approved medications
3. Review initiation and management of discontinuation of each medication.
4. Understand the evidence and rationale that supports the treatment and management of OUD in pregnant and postpartum women
5. Consider and include common mental health and substance use disorder co-morbidities in the overall treatment for adults and peripartum women with OUD

GROUP 101

When: August 27, 2021

Presenter: Charissa Happe, LISW-CP, LAC, CACII, MAC

Description: ‘

While groups can often be full of complexities, it is helpful to focus on maintaining basic group best practices. This training will provide participants an overview of various types of groups and discuss the similarities and differences between each. This training will provide understanding of group fundamentals, and also provide opportunity to discuss various ways to overcome common group challenges. This training will also include role play opportunities and an introduction of potential ways to include experimental activities into groups.

Objectives:

1. Gain an understanding of the various types of groups and fundamental basics of each type.
2. Gain insight into helpful techniques and interventions to utilize for groups.
3. Develop a deeper understanding of good best practices for groups.
4. Discuss common group challenges and helpful techniques to overcome them.

CERTIFICATION 101

When: September 24, 2021

Presenter: D. Shannan McKinney, MEd, LPC, LPCS, LAC, CACII

Description:

This training will be a guide through the certification process. The 12 core functions will be reviewed as we discuss the various areas that are crucial for the certified addictions counselor. This training will be interactive to increase the candidate and supervisor's understanding of the certification process.

Objectives:

CAC Candidate Objectives

1. Candidates will be able to increase their understanding of the CACI and CACII certification process.
2. Candidates will gain insight into the oral exam.
3. Candidates will acquire tips to increase success in the written and oral exam.

Supervisor Objectives

1. Supervisors will increase their understanding of the CACI and CACII certification process.

Supervisors will gain tips to enhance their counselors' preparation for the oral exam.

ETHICS: NAVIGATING THE MINEFIELD OF COMPASSIONATE CARE

When: **October 22, 2021**

Presenter: **James E. Campbell, LPC, LAC, MAC, CACII**

Description:

Those who enter the addictions professions often do so in part because of their compassion for others and their desire to see people move towards greater health and wellness. As we seek to navigate helping others, however, there are many ways to step outside of what is best ethical practice and care for those we serve. This session will explore ethics for addiction professionals as it relates to their relationships with clients, the importance of confidentiality and their responsibilities as addiction professionals.

Objectives:

1. Identify the difference between ethics, morals and values
2. Describe self-disclosure, confidentiality, mandated reporting, and duty to warn in the context of ethics
3. Articulate at least two key concerns related to confidentiality and technology
4. Utilize an ethical decision-making model for dealing with ethical dilemmas as evidenced by evaluating scenarios for ethical concerns within the context of the group.

MARIJUANA: WHEN THE SMOKE CLEARS

When: November 19, 2021

Presenter: Jeff McAninch, CSPS, ICPS

Description:

We've heard the saying that where there's smoke there's fire, but what happens when you take away the fire and replace the smoke with "vapor"? Is it really safe? Can marijuana really have medical benefits? How will vaping and legal marijuana impact individuals and the neighborhoods in which they live? When the Smoke Clears is an in depth presentation that seeks to increase awareness about the evolution of tobacco and marijuana use, how vaping impacts youth and adults, and what can be done to reduce and prevent the harms of vaping and marijuana experienced by both individuals and communities.

Objectives:

1. Describe a brief history of ATOD prevention strategies and how vaping has set back years of prevention success
2. Identify how vapes work, the health and other side effects of vaping, and the various ways vapes appeal to youth.
3. Articulate an overview of the evolution of marijuana, its path towards legalization, and its impact on communities
4. Verbalize the difference between medical marijuana, CBD, and recreational marijuana
5. Identify how vaping unites big tobacco and the legal marijuana industries.
6. Explain how lessons learned from tobacco prevention can influence marijuana prevention as well.

SELF CARE – RESILIENCE

When: December 17, 2021

Presenter: Gergana Dimitrova, MD, RYT 500

Description:

What is resilience? Why is it becoming so important in our lives now? How can we cultivate more resilience in the face of adversities? We are quite aware about the devastating psychological effect of trauma on so many people's lives. Yet there are surprising findings of newer research that there are equal numbers, and may be even more, who were survivors of severe adversities and were able to bounce back and be successful in their endeavors. What makes one 'trauma-proof'? Is it due to unique personal characteristics, or to specific mind set, personal values or social environment? This presentation will provide education about defining resilience, the different factors that contribute to it and enhanced it. Also we will expand on practical ways to use as tools in other everyday life to nurture ourselves to health and accomplishments.

Objectives:

1. To define Resilience
2. To identify personal characteristics, attitudes and life skills that can contribute to enhance resilience.
3. Experience a short sequence of a breathing exercise, meditation and a chair yoga practice that can be used as a personal tool for building resilience.

TRAINERS' BIOGRAPHIES

JANUARY: **Frederic G. Reamer, Ph.D.** is professor in the graduate program, School of Social Work, Rhode Island College, where he has been on the faculty since 1983. His teaching and research focus on professional ethics, criminal justice, mental health, health care, and public policy. Dr. Reamer received his Ph.D. from the University of Chicago and has served as a social worker in correctional and mental health settings. He chaired the national task force that wrote the Code of Ethics adopted by the National Association of Social Workers in 1996 and recently served on the code revision task force. Dr. Reamer has lectured nationally and internationally on social work and professional ethics, including in India, China, Singapore, South Korea, Japan, Taiwan, and in various European nations. His books include *Social Work Values and Ethics*; *Risk Management in Social Work*; *The Social Work Ethics Casebook*; *Ethical Standards in Social Work*; *Boundary Issues and Dual Relationships in the Human Services*; *Ethics and Risk Management in Online and Distance Social Work*; and *The Social Work Ethics Audit*, among others. Dr. Reamer has served as an expert witness in many court and licensing board cases throughout the United States.

FEBRUARY: **Dietra D. Hawkins, Psy.D.** is a licensed Clinical Psychologist who works nationally and internationally with state and local government organizations, public and private K-12 schools and behavioral health agencies as the owner and lead consultant with Both And Partners, Inc. She is a published author and frequent speaker for workshops addressing Appreciative approaches toward system change; Recovery Oriented Systems of Care, Asset Based Community Development and Inclusion, and the Healing of Racism. Dr. Hawkins holds a faculty appointment as an Assistant Clinical Professor at Yale University, Program for Recovery and Community Health, School of Medicine. Prior to her consultation practice, she served as the Director of Consultation and Training at the Yale Program for Recovery and Community Health (PRCH). Dr. Hawkins has extensive experience with family, child, adult and community behavioral health, and has worked closely with Parent and Consumer Advocacy organizations.

Her primary research interests address racial and ethnic health care disparities; organizational systems change and transformation; HIV prevention/interventions; qualitative and community based participatory research, and the critical dimensions of cultural competency, recovery and community engagement.

MARCH: **Barbara Melton, M.Ed., LPC, LPCS, LAC, NCC/MAC, CACII** has been in private practice since 1991 and works with adolescent and adult populations on a number of issues, including but not limited to working with clients who engage in self-injurious behaviors, trauma and loss, borderline personality disorder, and mood disorders. She has taught graduate level courses for Columbia College, Coastal Carolina University and Webster University and also teaches a Clinical Supervision course for the SC Clinical Mental Health Counselors Assn. on a regular basis.

APRIL: **Alan Lyme, LISW, MAC, ICCS**, brings respected and innovative clinical and program management skills as the Training Director for the Phoenix Center in Greenville, South Carolina. Alan is concurrently the Clinical Supervisor for the Screening, Brief Intervention, and Referral to Treatment (SBIRT) grant initiative for the State of South Carolina. Alan has provided trainings nationally on Motivational Interviewing, Clinical Supervision, and Skills on Working with Men. He is a co-author on the book "Game Plan" (2007) with Dr. David Powell. He received a BSW from Florida Atlantic University in 1998 and a MSW from Barry University in 1999. Alan is a MINT recognized Motivational Interviewing trainer, a Certified Clinical Supervisor, a Master Addictions Counselor, and a Certified Master of Leadership Challenge Workshops.

MAY: **Carly Patterson, LPC**, is the Coordinator of Children, Adolescent & Family (CAF) services for Anderson-Oconee-Pickens Mental Health Center. She has been employed with the Department of Mental Health since 1998 and the CAF Coordinator since 2013. Carly began teaching AMSR in 2018.

JUNE: **Morning Session: Lloyd Sirmons** is the Director of the Southeastern Telehealth Resource Center (SETRC) which is part of the National Consortium of Telehealth Resource Centers federally funded by the U.S. Department of Health and Human Services' Health Resources and Services Administration (HRSA) Office for the Advancement of Telehealth (OAT), which is part of the Office of Rural Health Policy. SETRC serves as the regional telehealth resource center charged with advancing telehealth by providing technical assistance / guidance with all aspects of telehealth implementation. SETRC's service area includes Alabama, Florida, Georgia, and South Carolina.

JUNE: **Afternoon Session: Mike Dennis**, is the Executive Director of the Tri-County Commission on Alcohol and Drug Abuse (TCCADA), a private non-profit behavioral health provider serving Orangeburg, Bamberg and Calhoun Counties. TCCADA provides outpatient services to children, adolescents and adults; intensive outpatient to adults; and also has the only co-ed adolescent inpatient program within the state alcohol and drug abuse system. In addition, TCCADA is the only program within the state alcohol and drug abuse system that is accredited by The Joint Commission.

Mr. Dennis joined TCCADA after completing his B.S. in Psychology from Wofford College in 1990. While working full-time as a clinician, Mr. Dennis earned his Master's Degree in Rehabilitation Counseling from South Carolina State University. Furthermore, Mr. Dennis is a State and Nationally Certified Addictions Counselor as well as a Licensed Professional Counselor and Licensed Addictions Counselor. During his tenure at TCCADA, Mr. Dennis has held various management positions overseeing a diverse staff of clinicians, physicians, nurses, administrative and dieticians and in July of 2013 became the Executive Director. Under his guidance, TCCADA has successfully implemented several federal Center for Substance Abuse Treatment grants expanding services to adults and adolescent in rural settings.

Mr. Dennis is active in his community serving on the Board of Directors of the Tri-County Fellowship of Christian Athletes and Orangeburg Project Life Positeen, an afterschool tutoring program, the Advisory Board of SC MADD and Board of Directors for The Courage Center based in Lexington, SC.

JULY: **Dr. Constance Guille** is a Professor in the Department of Psychiatry and Behavioral Sciences and Obstetrics and Gynecology at the Medical University of South Carolina (MUSC) and director of the Women's Reproductive Behavioral Health Division at MUSC. This division provides mental health and substance use disorder treatment to pregnant and postpartum women and conducts clinical research that aims to improve the identification and treatment of peripartum mental health and substance use disorders. Dr. Guille receives research support through National Institute on Drug Abuse and foundations such as the Duke Endowment and American Foundation for Suicide Prevention to develop treatments to improve maternal health.

Dr. Karen Hartwell is an Associate Professor in the Addiction Sciences Division in the Department of Psychiatry and Behavioral Sciences. Until recently Dr. Hartwell was the Medical Director of the Substance Treatment and Recovery Program at the Ralph H. Johnson VAMC and has extensive experience treating adults with substance use disorders with and without comorbid mental disorders. She is the Director of MUSC's Project ECHO for Opioid Use Disorders and the Co-Director of the Project ECHO focused on Peer Recovery Support Services. She is currently involved in research to improve treatment outcomes for opioid, stimulant and tobacco use disorders.

AUGUST: **Charissa Happe, LISW-CP, LAC, CACII, MAC**, Charissa Happe, LISW-CP, LAC, AADC, MAC is a Clinical Supervisor for the Phoenix Center in Greenville, South Carolina. Charissa also currently provides crisis counseling services for Palmetto

Employee Assistance Program. She is an alumna of the University of South Carolina where she received a bachelor's degree in Experimental Psychology, a Master of Social Work degree, and a Certificate of Graduate study in Drug and Addiction Studies. Charissa has worked in the Alcohol and Drug Treatment field for the past 13 years. She has worked previously with medication assisted treatment programs and other various populations including incarcerated youth and adults, and domestic violence survivors. Other notable work has included being a member of the Leadership Academy, which has been a South Carolina statewide initiative supported by DAODAS in efforts to produce a streamlined approach to Alcohol and Drug Treatment.

SEPTEMBER: **D. Shannan McKinney, MEd, LPC, LPCS, LAC, CACII**, has 17 years of experience in substance prevention/intervention/treatment. She is currently employed by AOBHS as the Director of Operations & Treatment. Shannan is a current member of the SCAADAC Certification Commission.

OCTOBER: **James E. Campbell, LPC, LAC, MAC, CACII**, has been working professionally in the human services field for over twenty-five years in a wide range of clinical programs. His passion is helping individuals, families, and relationships to heal and assisting them in building on the strengths they possess.

James is a member of NAADAC and ACA and serves as the current President of APSC/SCAADAC, the Director and Lead Trainer of Family Excellence Institute, LLC, the Training and Technical Manager for Southeast Addiction Technology Transfer Center, an adjunct professor, and a nationally recognized author and speaker.

NOVEMBER: **Jeff McAninch, CSPS, ICPS**, is a Certified Senior Prevention Specialist with the Phoenix Center of Greenville, South Carolina, Greenville County's Commission on Alcohol and Drug Abuse. A graduate of Cumberland College in Williamsburg, Kentucky, Jeff began serving in behavioral health services in 2001 as a Therapeutic Child Support Professional for the Impact Plus Program through Intrust Healthcare of Somerset, Kentucky. In October of 2004 Jeff moved to the Phoenix Center of Greenville, SC where he currently serves as Prevention Department Coordinator for the commission. During his time at the Phoenix Center Jeff has served in the areas of Community Based Outreach, Medicaid Case Management, REACH Leadership and Resiliency Program Coordinator, Merchant Education, and Marijuana, Tobacco, and Vaping Prevention. Jeff served on the curriculum development committee for the South Carolina Tobacco Education Program as well as the PREP Merchant Education Program revision committee and is currently serving as the Region I Trainer of Trainers for the PREP Merchant Education Program.

Certified Senior Prevention Specialists are credentialed through the South Carolina Association of Prevention Professionals and Advocates (SCAPPA) as well as the International Certification and Reciprocity Consortium (IC&RC). As a member of SCAPPA Jeff has served as a past chairperson for the SCAPPA Professional Development Committee and currently serves as the chairperson for the SCAPPA Training Review Committee and member of the SCAPPA Certification Commission.

DECEMBER: **Gergana Dimitrova, MD, RYT 500**, is originally from Bulgaria and graduated medical school there in 1985. She practiced psychiatry there until 1991. In November 1991 she moved to Canada with her family and pursued Geriatric Psychiatry fellowship at the University of British Columbia. In 1996 she moved to Baltimore, UMMS and studied for four years the General Adult Psychiatry residency program until 2000. In the year 2000 she officially became a Board Certified Psychiatrist. Since December 2000 until 2008 she worked as a psychiatrist and medical director of Worcester County Health Department and served an extensive rural area. There she facilitated a number of programs, including ACT team, mental health program to serve inmates from the local jail, home based family counseling and early childhood mental health programs. In 2008 she moved to South Carolina and became the Medical Director at CCBH, Greer, SC for 12 years. They developed several inpatient programs, ECT and TMS services, expanded the hospital to 156 beds and developed Child and Adolescent , Geriatric and adult Partial programs and expanded and IOP and CD IOP programs. Currently she is the Medical Director for the Behavioral Health programs in AdventHealth Hospital in Hendersonville, NC. She is in the process of actively developing the new Geriatric Psychiatry unit there as well as the new expansion of 24 beds in the Women's Behavioral health unit with focus on trauma and dual diagnosis. A year ago she started training with Virabhava Yoga school for yoga teachers. In December 2020 she became a 500h certified yoga teacher. She looks forward to enhancing her integrative approach in treating and teaching strategies for addressing mental illness.



CORNERSTONE 
GREENWOOD - EDGEFIELD - MCCORMICK - ABBEVILLE
COMMISSION ON ALCOHOL AND DRUG ABUSE



Anderson/Oconee
Behavioral Health Services



State of South Carolina
Department of Mental Health

