



## THE RETREAT at SHIPMAN ROPES COURSE



\$30

Low Ropes
Course

Non-Profit Rates Available!

\$60

High/Low Mix

TEAMWORK INSIGHT CREATIVITY

PROBLEM SOLVING
STRATEGIC PLANNING
RELATIONSHIP BUILDING

- Daily Course Rates include 4- 8 hours of Ropes Course Activity. Activities are custom designed for your group's desired objectives.
- Estimate an hour, on average, for each ropes course element. Thought provoking debriefs are included as a critical program component of each activity.
- High and Low Ropes group size recommendation is 7-14 participants.

  Groups must have at least 7 participants, and groups larger than 14 may be divided into smaller teams.
- \*High Ropes minimum requirements: 12 years old and 5 feet tall.
- Lunch may be provided on site upon request. Please call for meal pricing.
- Please make arrangements with the Phoenix Center to schedule your group at least 4 weeks prior to your event date to ensure availability

Take the Challenge. Speak to a Team Development staff member today!

Contact Brandi England at:

bengland@phoenixcenter.org or (864) 508-6302

## THE RETREAT at SHIPMAN STRATEGIC PLANNING DAY BUILDER







Choose from half day, full day or two day retreats. Our staff can provide you with a breakdown or what a typical schedule would look like.

## **ICEBREAKERS:**

(included with all retreats, select one)

- Whale Watch
- Two Truths and a Lie
- WIFM-What's In It For Me?
- Name Game
- 10 Things
- Whodunit
- The one-word icebreaker game
- Name Writing Activity

## **STRATEGIC PLANNING:**

(all retreats include at least two)

- Vision Session (creating your initial vision)
- Vision Session (edit from existing vision)
- Mission Statement Session (creating your initial mission statement)
- Mission Statement Session (edit from existing mission statement)
- Logic Model Development
- Goal setting

Our trained staff will utilize SAMHSA's Strategic Prevention Framework

- Assessment
- Capacity
- Planning
- Evaluation
- Cultural Competence
- Sustainability



Scan QR code for more detailed information!

**Start Planning Now!** 



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